

## What we do

Neami National is a community mental health service supporting people living with mental illness for over 25 years.

With our understanding of complex mental health issues, our staff can help support you through the NDIS process and connect to the services that will help you live the life you want.

## Neami NDIS Services

Neami's NDIS services in WA include:

- Coordination of supports
- Support services
- Specialist Services.

## Engaging Neami as your NDIS provider

Once you have confirmed your eligibility for NDIS, you will work with your Service Coordinator to select your services. Talk to your coordinator about choosing Neami as your provider of Support Services.

For further information on any of our services please contact us on **08 6252 0420** or [ndis.wa@neaminational.org.au](mailto:ndis.wa@neaminational.org.au)

## Find out more - contact Neami NDIS services

Contact the Neami Bentley office to find out more about your NDIS options.

**Ph: 08 6252 0420**  
[ndis.wa@neaminational.org.au](mailto:ndis.wa@neaminational.org.au)

### About Neami National

Neami National is a community mental health service supporting people to improve their health, live independently and pursue a life based on their strengths, values and goals.

### Our vision

Full citizenship for all people living with a mental illness in Australian society

### Our mission

Improving mental health and wellbeing in local communities

[www.neaminational.org.au](http://www.neaminational.org.au)

*We acknowledge Aboriginal people as the traditional owners of the land we work on and pay our respects to their elders past and present.*

*We welcome and appreciate diversity in all its forms, including staff and consumers. We believe diversity makes our teams, services and organisation stronger.*



# Neami NDIS in Western Australia Support Services



## It's about you

 **neami  
national**  
Improving Mental Health  
and Wellbeing



## Services to support your goals

We believe recovery is an individual process and that with the right kind of support each person can move towards a life that matches their values and goals for the future. We can help you with:

- Independence and support with daily life
- Relationships and social skills
- Wellbeing and recreation
- Nutrition and health advice and support
- Learning, education and employment preparation (Individual and Group)
- Social and community participation
- Living arrangements
- Creative and Artistic endeavours
- Transport training and support
- Specialist groups to assist in your mental health recovery.

Our staff support you along the way and help connect you with other services in your local community.



## Our support services

Neami offers a range of services to help you reach your goals. These can include working one on one with our support workers, working with a group, working with peer workers, or working towards becoming a peer worker yourself.

### Collaborative Recovery Model (CRM) coaching

We use a model of recovery called the Collaborative Recovery Model to support you through our services.

The CRM assists you to identify your personal values and goals, and then helps you develop a plan to achieve them.

We will be there with you along the way and help you connect with other independent supports in your local community.

### Find out more

Talk to the staff at Neami Bentley for more information and brochures on our other NDIS services:

Ph: 08 6252 0420

[ndis.wa@neaminational.org.au](mailto:ndis.wa@neaminational.org.au)

## Specialist Programs

You may be able to use your NDIS plan to access our specialist programs including:



### Optimal Health Program (OHP)

OHP is a collaborative, wellbeing focussed approach to managing stresses and vulnerabilities as well as balancing a range of different aspects of a person's life. These can include: social, emotional, mental, physical, occupational and spiritual needs. Participants establish self-determined and self-directed goals and develop their individual toolkit to achieve these goals.

OHP is also available to individuals who are interested in exploring their substance use behaviours and harm minimisation strategies as a part of their holistic wellbeing goals. Please ask for further information about this program version.



### Flourish

A recovery-focused self-development program designed for people who have lived with mental health issues for some time and who are looking to make improvements in their life. Flourish is a peer-led program that is focused on self-directed recovery and can lead to a renewed sense of purpose, identity and belonging.